

MOMs UnLtd - Tips to Try Today

January 2012
Volume 3, Issue 4
Grace Chapel

~by God's grace we are "unlimited" as moms in the influence we possess to raise our children "for their good and God's glory!"

Out and About

Low Budget Outings for Young Ones

As expected, the moms at MOMs are an amazing source of fabulous information! Here are some tips about how to spend quality time with youngsters this winter – without sweating the bill!

❁ **SMITH Kid's Play Place in the Park:** East Fairmount Park | Philadelphia, 215.765.4325
www.smithkidsplayplace.org/visit/
This is a wonderful and FREE place. The indoor mansion is for 5 and under and the outdoor part is already closed for the winter. It's right by the Philly Zoo. A good trip to venture out with another mom or one who has already been there.

~ Lizette

❁ **Fun Things to do With Your Kids in Delaware County:**
<http://www.kidsdelco.com> –
Featuring an events calendar,



playground finder, and a list of restaurants where kids can eat free, this website has many cheap ideas of things to do with kids in Delco! They even have a place to submit an event for a fun thing to do that you know of!

~ Karissa

MOMs Reminder:

- **Skill** - to teach
- **Attitude** - to impart
- **Value** - to demonstrate

So to **SAVe** your kids in the future from the many "pitfalls" in life!

International Women's Day Event:

An afternoon of Fellowship, Laughter, and Outreach

Look at March 8th on your wall calendar; chances are you won't see "International Women's Day" printed at the bottom. Around the world, however, women honor the day by connecting with other women.

Born from concern about women's inequality and re-focused by events like the tragic NYC "Triangle Fire" that

killed 140 women in unsafe factory conditions, IWD began in the early 1900s and promoted laws to protect women. This year, the celebration in our corner of the world will be held on March 4th beginning at 12:30 at Drexelbrook – and it has a fascinating birth story of its own!

Italian Roots

While church planting for 18 years in Italy, Diane Spadafora became involved with IWD. In Italy, Diane remembers, the women ride public transportation

for free and meet friends for pizza. In some cases, however, secular celebrations included male strippers and/or the male-bashing instigated by certain feminist rhetoric.

Wanting an alternative to the sexualized and angry version of Women's Day, Diane and others invited women to fellowship, listen to

Celebrate
International Women's Day
Enjoy feast and festivities at
Drexelbrook
March 4th from 1-4 pm.
Cost is \$20 per person
All are welcome!

Easy Semi-Homemade Tomato Sauce

Ingredients

- 1 28 oz can whole tomatoes
- 1 tbs FRESH oregano
- 2 cloves minced garlic
- 2 cans of pizza sauce
- ¼ cup olive oil

Directions

1. Process 1st three ingredients until desired consistency
2. In large pot; combine pizza sauce and olive oil.
3. Dump the processed tomatoes, oregano and garlic

I can eat it without even simmering it and I double the garlic.

Super yummy – tastes like you're in Italy!!

By: Lizette Senatore©

Proverbs 22:6

"Point your kids in the right direction and when they are old; they won't get lost" (M)

International Women's Day Event: (cont'd)

a speaker, and eventually offered a Bible study. Since bible studies are not common in Italy, the success of the event grew into an opportunity for Christians to network as well as reach out to seekers.

Across the Atlantic

Upon returning to the U.S. 5 years ago, Diane continues to organize IWD events through her involvement with L.I.F.E. (Ladies In Fellowship Enriched). Two years ago, 180 women attended, including many non-believers. Just like in Italy, the American version features an afternoon of women's fellowship, a speaker, and events. The program remains sensitive to those still searching, creating an opportunity for outreach.

After a year hiatus, the IWD Celebration is eagerly anticipated and in full swing. Lisa Brady, a pastor's wife immersed in women's issues, will be the key-note speaker and there will also be a

sit-down multi-course dinner at the lush Drexelbrook banquet facility.

The events also promise to entertain and bring women together through laughter and humor. This year "Ladies Got Talent," spoofing off of *America's Got Talent* is looking for women to write skits and perform them with their friends. The lesser the talent the better! Life is serious enough so let's take ourselves less seriously with lighthearted playfulness!

Diane worked hard to get the cost down to \$ 20 per person for an afternoon to pamper yourself and reach out to your friends who may like to pamper themselves as well!

To get involved or to attend, contact Diane at 610-449-3059 or diane.spadafora@crossworld.org

\$ + € + £ + kr + ¥ + ¢ Money Saving Tip

Gas seems to be an inescapable and mounting expense. Chris Faulkner at Dollarstretcher.com, offers 19 tips to keep the cost of gas down. Some techie ways to save: go to Gasbuddy.com or MapQuest to find the lowest priced gas in your area. Also at GiftCardGranny.com, you can buy a discount gas gift card which amounts to a coupon for a few dollars off.

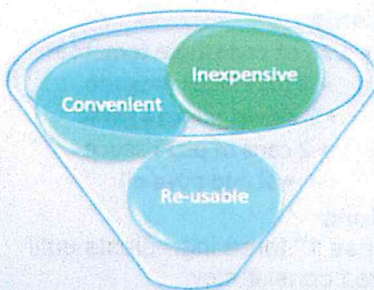
Have you visited Play Eat Grow yet? This is a brand new blog started by our very own Tiffany Malloy and Christina Reif.

Every Monday there is a post about activities to do with kids or a fun "activity" for us moms.



Every Wednesday there is a post about food, usually with a recipe. And on every Friday, there is a post either with a spiritual activity to do with your kids or spiritual encouragement for moms.

We love visitors, especially ones that comment. So come visit our blog at www.playeatgrow.com. See you there soon!



LAST CALL: "Busy Bag" Swap for Toddlers / Pre-Schoolers

We'll be doing our swap at Moms UnLtd on **Wednesday, February 8th**!

So far, 7 moms have signed up and will be planning on making 7 copies of an activity of their choice.

We have mostly 2 and 3 year-olds with a few 1 and 4 year olds. We'll definitely make sure we have activities that are appropriate for each age group. The great thing is that the younger ones will "grow into" the activities, and they'll be able to do enough to stay interested and will learn more along the way.

You can still contact Tiffany for ideas at tiffany.malloy@gmail.com or sign up TODAY on the google doc:

<https://docs.google.com/spreadsheet/ccc?key=0AoyyfroGWilljHR4a3BwdXo5cm5zYVBHYmtNRi1OU>